



Ontario Maryknollers

Official Newsletter of Maryknoll Convent Former Students (Ont.)



Committee 2020-2022

President

Wendy Man

Vice Presidents

Ludia Au Fong

Winnie Wong Wong

Secretary

Judy Tong

Treasurers

Patricia Ho Wu

Lily Wong Yeung

Membership/Directory

Jacqueline Lam Fong

Lily Wong Yeung

Newsletter

Gertrude Chan

Activities

Eva Wong Wong

Irene Legay

Nena Noronha

Website Administrator

Gertrude Chan

Website Address

www.mcsontario.org

E-mail Address

contactus@mcsontario.org

Postal Mailing Address

P.O. Box 91070

2901 Bayview Ave.

North York, ON M2K 2Y6

Canada

Dear Fellow Maryknollers,

Happy Belated Mid-Autumn Festival. As a child, I like to celebrate the Mid-Autumn Festival because we had big family feasts and could stay up late and play with the lanterns in a park. Did you celebrate the Mid-Autumn Festival with your family this year?

In our last virtual meeting, Chef Sheree shared her favourite recipe, Japanese Curry Beef with Rice, and demonstrated how to make it over Zoom. It was our first ever virtual cooking show and we had over 25 viewers joining us over the Internet. Our committee expressed much gratitude to Chef Sheree for taking the time and prepare such an entertaining show for us. Also, many thanks to Winnie Wong Wong (Class of 1973) and Jacqueline Lam Fong (Class of 1974) to be the sous chefs and Patricia Ho Wu (Class of 1971) to be the MC of the night. Chef Sheree not only showed us the tips and tricks of making a delicious meal, she also shared her Maryknoll and life stories and memories with us. We received a lot of wonderful comments from our audience. We have included the recipe and a report for the event in this newsletter.

We hope that we can do another virtual meeting before 2021 ends. We will let you know the date later. If you have any new ideas or topics that you would like us to talk about, please let us know.

Our alumni newsletter is a platform for members to share their joyful moments with other fellow Maryknollers. If you have any news that you would like to share with our community, please call any of our committee members or send us an email at contactus@mcsontario.org.

Thanksgiving is around the corner. What are you planning for your Thanksgiving dinner? Turkey? Steak? There are so many things that we are thankful for. Sometimes we take it for granted and forget to say thanks. Thank you for being a member in this Maryknoll community. Thank you for your support in our past events. Thank you for our Maryknoll Sisters who sacrificed their lives and serviced the needy around the world. Thank you, Lord, for all the blessings that You have given us.

We wish you and your family a blessed Thanksgiving.

Yours truly,

Wendy Man, President

Maryknoll Sisters' 100th Anniversary in Mission and the Opening of our General Assembly

Dear Friends,

Many of you would like to view the celebration of our 100th Anniversary in mission and the Opening of our General Assembly which occurs every 6 years to elect our Leadership Team, etc. Below is the link for it. Enjoy and please feel free to give this link to whoever is interested.

<https://vimeo.com/605811820/9b71cb1de7>

Our first assignment to mission was China, and 6 Sisters landed in Hong Kong first. Since then, Maryknoll Sisters have been in mission in more than 30 countries. I carried a basket of butterflies and placed it at the Altar, which represents our Maryknoll ancestors especially the pioneers.

Thank you in advance! Blessings to you!

Yours most gratefully,

Sister Teresa Leung

Cooking with Chef Sheree Doo

Report by Irene Legay

September 9 at 8pm (Toronto time) Video taken by: Wendy Man

We were waiting eagerly for the clock to tick 8pm on September 9, 2021 to enter "virtually" into Chef Sheree Doo's Kitchen. The attraction of the evening was the popular "Curry Beef, Japanese style".

To our delight, we were uttered in by Chef's two beautiful Assistants, Jacqueline Fong and Winnie Wong, who assisted Chef Sheree meticulously throughout the cooking demo, and who, needless-to-say, were lucky enough to savour the Beef Curry dish on site at the end.

Much emphasis was made by our Chef Sheree on the choice of meat, ingredients, cuttings, portion sizes, levels of preparations, cooking sequences and timings which came so naturally from her cooking experiences and genuine love of the culinary art. The Cooking Demo ended with a friendly interview by Patricia Wu, touching upon Sheree's rich assimilation into the Japanese culture in her many years of living there.

After the demonstration, we received lots of positive comments from our audiences. Here are some quotes:

"I have thoroughly enjoyed "Cooking with Chef Sheree". Learned a new dish and had fun listening to Sheree and the two Cooking Beauties reminisced about their experiences in Home Economic classes. A fond stroll down memory lane. Thank you for everyone's hard work putting this event together. Look forward to the next session.", Katy Ho Lang (Class of 1973).

"Thank you for inviting me to the Zoom cooking demo. Kudos to the chef and her lovely assistants. Unfortunately, the video had to be the next best thing to the in-person sharing/tasting.", Diana Wong (Class of 1971 from New York)

"Well done on the ingenious way to bring together our members. Congrats to Sheree, Winnie and Jacqueline for putting on a good performance! I look forward to the recipe (in English!)", Linda da Rocha (Class of 1971)

"Thanks Wendy, for the time you put in this show so that we could share the demonstration from Chef Sheree, which was very informative and interesting. Please convey my gratitude to Chef Sheree. Please also convey my gratitude to the two beautiful kitchen helpers. They had added much fun to the show.", Ms. Marita Tang.

If you are adventurous to try the dish, here is the recipe: https://drive.google.com/file/d/1zXmAFPR9rx7u2ELvRTV_y29iovU90qop/view?usp=drivesdk

Profile of Sheree Doo, Class of 1973

Sheree Doo went to Maryknoll Primary School and Maryknoll Convent School, where she spent most of her teen years, not in the classrooms but in the swimming pool, the basketball and netball courts, and the covered playground where girl guide meetings were held.

When she was 13 years old and started from Form 1, she was active and participated in many of the School's events like Sports Day, Swimming Gala, Inter-school sports competitions, and was Captain of the then invincible Amethyst House. She recalls fondly of her days in the Domestic Science room, making Rock Cakes and sharing with other schoolmates.

In 1975, she went to Sophia University in Tokyo for higher education and graduated with a B Sc degree, majoring in Business Administration. While living in Tokyo, she frequently patronized her neighbourhood store that served Japanese curry and "gyoza" (dumplings). She still remembers the store owner often gave away chicken feet to her as he was afraid to eat them.

Sheree immigrated to Canada in 1987-1992 where she earned her Certified Management Accountant designation; and worked for a Japanese company in Toronto. She returned to Hong Kong in 1993, re-joined her previous employer - a Japanese car dealer for Hong Kong and Macau. She worked with this employer for over 25 years, with her last position in-charge of Passenger Cars and Marketing in the region. As she said cars were her favourite hobby, and going to work every day was like playing her hobby.

In 2006, she started her own business. Apart from running her restaurants, she enjoyed taking part in events of the Agency for Volunteer Service. In later years, she incorporated Wilber Foundation Hong Kong with her brother. Wilber Foundation was founded by her brother in Guangzhou which is a charity for helping the underprivileged children.

Sheree moved back to Toronto in 2018, and is currently enjoying her retirement life everyday with her many MCS schoolmates.

After thoughts from Sheree:

I still remember, at about age 6, walking up Primary School's pebbled slope, spreading both sides of my uniform, curtsied, and said "Good morning Sister", while staring at a tall person in dark grey robe with a pointy hat. That was the time I started to learn the meaning of the School's motto "Sola Nobilitas Virtus" (Virtue Alone Ennobles).

Maryknoll Sisters have educated all 3 girls in the Doo family, so as our cousins, and my late mother who was from year 1937. I am forever grateful to her who put me to the most gracious school in Hong Kong. If nothing had been learnt from school books due to my addiction to sports, I will always remember what the Maryknoll Sisters and teachers have taught me beyond the academics and how to become a better person. It has been, and still is, a flame to lead us on to right. **Thank you Sisters.**



Happy News from our members



Amid the Covid travel restrictions, **Tim and Diana Leung '71** welcomed their triple happiness , virtually.

On July 2, 2021, their second grand child ,Alexandra , arrived in Brookvale, NSW, Australia to parents Justin and Perrine and sister Charlotte.



Their second round of happiness was their eldest son, Darren to long-time girlfriend Lindsey on June 3, in Hawaii.

waii.

Their third round of happiness arrived on September 27, in San Diego with the arrival of their third grandchild Iliana.



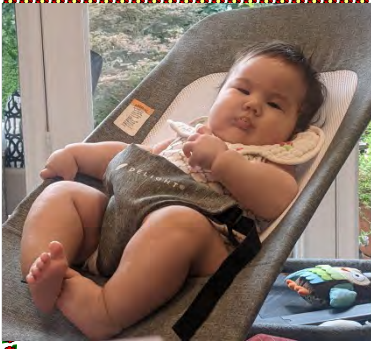
The pandemic has been keeping families apart.

Annika, the 4th grandchild of **Jacqueline Fong '74**, born on May 20, 2020, was only able to meet grandma for the first time, in person, on August, 21, 2021, 15 months after she was born.



Thanks to FaceTime, Annika was able to identify Por Por at the very first sight and asked for hugs.

The Fong clan had a happy reunion in August after Canada lifted the quarantine requirements for Canadian residents from UK. It was their first in person gathering for almost two years.



Ludia (class of '71) and Jeffrey Fong, Jacqueline Fong, Adam Zukiewicz and Alicja Zukiewicz were all very excited to welcome **Urszula** to the family. Urszula was born on April 14, 2021, weighing 6 lb. 2 oz. at North York General Hospital.



After postponing a few times, due to the worldwide pandemic situation, the Fong's family (of Ludia Fong '71), finally decided to have a small church wedding for their youngest daughter, **Stephanie**, to **Trevor Morgan** on August 7, 2021. It was a small but very cozy wedding at the church, attend by only family members from both sides. The ceremony was followed by a family dinner at Ludia's sister's house.

*Sr. Lipetzky Marie Ann
whom we fondly remember her as Sr. Victoria Marie*



Sister Victoria Marie passed away on May 19, 2021.

Sr.V.M's first class at MCS was the class of 1963 who held many fond memories of her as a wonderful teacher and a great musician. They were all Glee Club members.

Margaret confessed that her class was a naughty bunch and had immediately given SVM the nick name of “ Mountain Woman 山 婆 “ due to SVM's stature compared to their own tiny bodies!

A few years ago, when Margaret visited SVM at the Motherhouse , Sister told Margaret she knew this nickname all along and found out the meaning too.

Margaret Chau Wong (‘63) has compiled an album of SVM with her Class of 1963 which she has graciously agreed to share with us (Please click the link to read more.)

[xtps://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fphotos.app.goo.gl%2FyMd5KEJEBSscSESCQ9&data=04%7C01%7C%7C57b9171db4914f1fdb3808d98cc99338%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637695619641789051%7CUnknown%7CTWFpbGZsb3d8eyJWljiMC4wLjAwMDAiLCJQIjoiV2luMzliLCJBTiI6I1haWwiLCJXVCi6Mn0%3D%7C1000&:sdata=U%2Bi0mCOLFgAFaUKAI%2FWqokw%2FIk%2BsAchaAhaJdHgo7Xq%3D&:reserved=0](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fphotos.app.goo.gl%2FyMd5KEJEBSscSESCQ9&data=04%7C01%7C%7C57b9171db4914f1fdb3808d98cc99338%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637695619641789051%7CUnknown%7CTWFpbGZsb3d8eyJWljiMC4wLjAwMDAiLCJQIjoiV2luMzliLCJBTiI6I1haWwiLCJXVCi6Mn0%3D%7C1000&:sdata=U%2Bi0mCOLFgAFaUKAI%2FWqokw%2FIk%2BsAchaAhaJdHgo7Xq%3D&:reserved=0)

[xtps://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fphotos.app.goo.gl%2FyMd5KEJEBSscSESCQ9&data=04%7C01%7C%7C57b9171db4914f1fdb3808d98cc99338%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637695619641789051%7CUnknown%7CTWFpbGZsb3d8eyJWljiMC4wLjAwMDAiLCJQIjoiV2luMzliLCJBTiI6I1haWwiLCJXVCi6Mn0%3D%7C1000&:sdata=U%2Bi0mCOLFgAFaUKAI%2FWqokw%2FIk%2BsAchaAhaJdHgo7Xq%3D&:reserved=0](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fphotos.app.goo.gl%2FyMd5KEJEBSscSESCQ9&data=04%7C01%7C%7C57b9171db4914f1fdb3808d98cc99338%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637695619641789051%7CUnknown%7CTWFpbGZsb3d8eyJWljiMC4wLjAwMDAiLCJQIjoiV2luMzliLCJBTiI6I1haWwiLCJXVCi6Mn0%3D%7C1000&:sdata=U%2Bi0mCOLFgAFaUKAI%2FWqokw%2FIk%2BsAchaAhaJdHgo7Xq%3D&:reserved=0)

[xtps://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fphotos.app.goo.gl%2FyMd5KEJEBSscSESCQ9&data=04%7C01%7C%7C57b9171db4914f1fdb3808d98cc99338%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637695619641789051%7CUnknown%7CTWFpbGZsb3d8eyJWljiMC4wLjAwMDAiLCJQIjoiV2luMzliLCJBTiI6I1haWwiLCJXVCi6Mn0%3D%7C1000&:sdata=U%2Bi0mCOLFgAFaUKAI%2FWqokw%2FIk%2BsAchaAhaJdHgo7Xq%3D&:reserved=0](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fphotos.app.goo.gl%2FyMd5KEJEBSscSESCQ9&data=04%7C01%7C%7C57b9171db4914f1fdb3808d98cc99338%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637695619641789051%7CUnknown%7CTWFpbGZsb3d8eyJWljiMC4wLjAwMDAiLCJQIjoiV2luMzliLCJBTiI6I1haWwiLCJXVCi6Mn0%3D%7C1000&:sdata=U%2Bi0mCOLFgAFaUKAI%2FWqokw%2FIk%2BsAchaAhaJdHgo7Xq%3D&:reserved=0)

[xtps://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fphotos.app.goo.gl%2FyMd5KEJEBSscSESCQ9&data=04%7C01%7C%7C57b9171db4914f1fdb3808d98cc99338%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637695619641789051%7CUnknown%7CTWFpbGZsb3d8eyJWljiMC4wLjAwMDAiLCJQIjoiV2luMzliLCJBTiI6I1haWwiLCJXVCi6Mn0%3D%7C1000&:sdata=U%2Bi0mCOLFgAFaUKAI%2FWqokw%2FIk%2BsAchaAhaJdHgo7Xq%3D&:reserved=0](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fphotos.app.goo.gl%2FyMd5KEJEBSscSESCQ9&data=04%7C01%7C%7C57b9171db4914f1fdb3808d98cc99338%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637695619641789051%7CUnknown%7CTWFpbGZsb3d8eyJWljiMC4wLjAwMDAiLCJQIjoiV2luMzliLCJBTiI6I1haWwiLCJXVCi6Mn0%3D%7C1000&:sdata=U%2Bi0mCOLFgAFaUKAI%2FWqokw%2FIk%2BsAchaAhaJdHgo7Xq%3D&:reserved=0)

[xtps://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fphotos.app.goo.gl%2FyMd5KEJEBSscSESCQ9&data=04%7C01%7C%7C57b9171db4914f1fdb3808d98cc99338%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637695619641789051%7CUnknown%7CTWFpbGZsb3d8eyJWljiMC4wLjAwMDAiLCJQIjoiV2luMzliLCJBTiI6I1haWwiLCJXVCi6Mn0%3D%7C1000&:sdata=U%2Bi0mCOLFgAFaUKAI%2FWqokw%2FIk%2BsAchaAhaJdHgo7Xq%3D&:reserved=0](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fphotos.app.goo.gl%2FyMd5KEJEBSscSESCQ9&data=04%7C01%7C%7C57b9171db4914f1fdb3808d98cc99338%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637695619641789051%7CUnknown%7CTWFpbGZsb3d8eyJWljiMC4wLjAwMDAiLCJQIjoiV2luMzliLCJBTiI6I1haWwiLCJXVCi6Mn0%3D%7C1000&:sdata=U%2Bi0mCOLFgAFaUKAI%2FWqokw%2FIk%2BsAchaAhaJdHgo7Xq%3D&:reserved=0)